

Alchemical Instructions for The Calendar for Mystical Alignment

Each date has two primary sets of words or phrases on it. These phrases are designed for meditation, contemplation and shamanic/intuitive recognition. They track the energy from the Central Sun of our galaxy, flowing into our own Sun/stargate, and then down into us as we become the next Sun/stargate, radiating these evolutionary frequencies around the planet. When taken at face value they will not help you understand what is happening on any particular date. Instead they indicate an appointment that you have with the cosmos, an invitation to participate in the planetary expansion and evolution that is occurring each day in synchrony and resonance with all of life.

The first phrase is in all CAPITAL LETTERS. These phrases lead you into alignment with the Spiritual Essence of the day. The second phrase contains no capitalization and represents the course of study and action for the day. This edition contains additional information of more advanced concepts of the Tzolkin (Portals, Burners and Castles) for those who are familiar with them. Christopher has free archived recordings on his web site that explain these advanced concepts if you'd like to learn more. However, it is not necessary to understand any advanced concepts in order to use this calendar to its full potential. In brief – Portal days are dimensional intersections that facilitate the receptivity of cosmic knowledge. Burner Days signal a shift in the cosmic energy flow. The Mystic Column is a highly activated 20-day period for attunement, being focused in the Here & Now, to go within, to rest and to take care of ourselves. Castles are 52 day cycles that could be considered a cosmic “season”.

To simply and effectively journey into the calendar:

Take a few moments to clear your thoughts, center and take a few deep breaths. Let go of any preconceptions or expectations of what today's meeting will be about.

Take in the first phrase (ALL CAPS), close your eyes and meet and merge with the Spiritual Essence of that day. As you maintain your connection with that Spiritual Essence, begin to focus on the action indicated by the second phrase (in lower case letters). The combination of these two can produce unexpected alignment each day.

Your appointment each day runs from sunrise to sunset. After sunset, during the hours of darkness, the experience is more complex and integrative - combining the previous day's adventure with the upcoming day's expression.

The Mayan Calendar page at www.ExMarksTheSpot.com offers free audio and visual files designed to help you further understand the cosmic nature of time and timing.

Christopher Emmer
PO Box 758
Carson, WA 98610

www.ChristopherEmmer.com (360) 390-5055